



## Winterton Junior School Sex and Relationship Education Policy

At Winterton Junior School we believe that all children should receive teaching that supports their development into mature, active citizens. As part of the Personal, Social, Health, Citizenship and Emotional (PSHCE) curriculum, Sex and Relationship Education builds on the statutory national curriculum for science. Our teaching ensures that pupils consider the moral aspects of sex education, and also encourages our pupils to develop loving and caring relationships.

### **Purpose**

At Winterton Junior School we believe that each child should have the opportunity to learn and to achieve to the best of their ability. We strive to meet the needs of all children across the spectrum of abilities, regardless of age, gender, ethnic or social background and taking account of their individual talents and special educational needs. We will provide, in a safe and welcoming setting Sex and Relationship Education that is challenging, interesting, informative and relevant. We believe that our teaching should promote our pupils' spiritual, moral, social, physical and cultural development and also prepare all pupils for the opportunities, responsibilities and experiences of life.

### **Aims and Objectives**

- Generate an atmosphere where children can be comfortable about asking questions about sexuality, sexual relations and reproduction
- Provide an acceptable vocabulary for all parts of the male and female bodies and their functions
- Counteract myth and folklore
- Explain the nature of human reproduction using age appropriate language
- Stress the value of family life (widely defined) and the importance of proper care and nurture
- Strategies to resist such situations
- Help children to understand that they have rights and control over who touches their bodies
- Help children understand and communicate about forthcoming pubertal changes
- Provide reassurances and explanations about these physical and emotional changes and help children adjust to them
- Raise awareness of the value of equal opportunities
- Answer awkward questions honestly and frankly, whilst reserving the right to refer age inappropriate questions to parents or carers
- Help children to be aware of the importance of personal hygiene
- Provide a variety of resources appropriate to age and ability of the child

## **Morals and Values Framework**

SRE is about relating to other people, respecting the rights and feelings of others, developing loving, caring relationships as friends, parents, members of a family and sexual partners. It also involves learning to say 'no' to unwanted sexual advances and how to protect oneself from abuse and exploitation. Our programme of sex education respects religious, moral and cultural viewpoints. We will be neutral to sexual orientation and adopt a non-tolerance policy towards homophobic bullying.

## **Framework for Sex Education Programme**

SRE will be taught in the PSHCE and Science curriculum throughout the school. In lower school (years 3 and 4), SRE will focus on areas such as the importance of friendships, loving relationships, non-tolerance of bullying, and building self-esteem. In upper school (years 5 and 6) we will teach aspects of SRE that go beyond the national curriculum which will be within current government guidelines. Whilst not an exhaustive list, this may include the changes at puberty and menstruation. SRE will be taught in the PSHCE and Science curriculum throughout the school.

## **Working with Parents and Carers**

Parents and carers are the key figures in helping their children to cope with the emotional and physical aspects of growing up, and also in preparing them for the challenges and responsibilities which sexual maturity brings. We consider that our teaching of SRE is complementary and supportive to the role of parents. In this regard, parents are invited to offer their views about its content and presentation, and are encouraged to review our teaching materials.

## **Parents Right of Withdrawal**

After discussion with the Head Teacher, parents have the right to withdraw their children from any or all parts of the school's programme of SRE that go beyond the statutory requirements of the National Curriculum in science. The school will notify parents and carers before such teaching. If a child is withdrawn from SRE, then alternative supervision will be made.

The policy will be reviewed every three years, unless legislation dictates otherwise.

*Sex and Relationship Education Policy written by Naomi Brears: Autumn 2015*

*Sex and Relationship Education Policy accepted by Staff: Autumn 2015*

*Sex and Relationship Education Policy Adopted by Governors: Autumn 2015*

*Sex and Relationship Education Policy Review date: Autumn 2018*